

## NUTRITIONAL INFORMATION- TRADITIONAL – JAN 2010

### CLASSIC CRUST

### DEEP PAN

### THIN N CRISPY

MEATOSAURUS	Average Quantity per Serving 70g	Average Quantity per 100g	Average Quantity per Serving 84g	Average Quantity per 100g	Average Quantity per Serving 68g	Average Quantity per 100g
Energy	790kJ (189Cal)	1130kJ (270Cal)	953kJ (228Cal)	1130kJ (271Cal)	786kJ (188Cal)	1160kJ (277Cal)
Protein	8.7g	12.4g	9.9g	11.8g	8.9g	13.1g
Fat, Total	8.0g	11.4g	8.7g	10.3g	8.0g	11.9g
- Saturated	3.7g	5.3g	3.8g	4.5g	4.1g	6.1g
- Trans	0.2g	0.3g	0.2g	0.3g	0.3g	0.4g
Carbohydrate	19.8g	28.3g	26.4g	31.4g	19.3g	28.5g
- Sugars	2.7g	3.9g	2.9g	3.4g	2.7g	3.9g
Sodium	514mg	735mg	573mg	682mg	536mg	792mg
<b>SUPREME</b>	Average Quantity per Serving 75g	Average Quantity per 100g	Average Quantity per Serving 90g	Average Quantity per 100g	Average Quantity per Serving 73g	Average Quantity per 100g
Energy	689kJ (165Cal)	914kJ (218Cal)	852kJ (204Cal)	952kJ (227Cal)	685kJ (164Cal)	937kJ (224Cal)
Protein	8.2g	10.8g	9.4g	10.4g	8.4g	11.4g
Fat, Total	6.5g	8.6g	7.2g	8.0g	6.5g	8.9g
- Saturated	3.0g	4.0g	3.1g	3.5g	3.4g	4.7g
- Trans	0.2g	0.3g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	18.1g	24.0g	24.8g	27.6g	17.6g	24.0g
- Sugars	1.6g	2.2g	1.8g	2.0g	1.5g	2.1g
Sodium	406mg	538mg	465mg	519mg	427mg	584mg
<b>VEGORAMA</b>	Average Quantity per Serving 72g	Average Quantity per 100g	Average Quantity per Serving 86g	Average Quantity per 100g	Average Quantity per Serving 70g	Average Quantity per 100g
Energy	656kJ (157Cal)	913kJ (218Cal)	819kJ (196Cal)	953kJ (228Cal)	651kJ (156Cal)	937kJ (224Cal)
Protein	6.6g	9.1g	7.8g	9.0g	6.8g	9.7g
Fat, Total	6.1g	8.5g	6.9g	8.0g	6.2g	8.9g
- Saturated	2.2g	3.1g	2.3g	2.7g	2.6g	3.8g
- Trans	0.2g	0.2g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	18.0g	25.0g	24.6g	28.6g	17.4g	25.1g
- Sugars	1.7g	2.4g	1.9g	2.2g	1.7g	2.4g
Sodium	324mg	451mg	383mg	446mg	345mg	497mg
<b>DOUBLE BACON CHEESEBURGER</b>	Average Quantity per Serving 76g	Average Quantity per 100g	Average Quantity per Serving 90g	Average Quantity per 100g	Average Quantity per Serving 74g	Average Quantity per 100g
Energy	882kJ (211Cal)	1160kJ (277Cal)	1040kJ (250Cal)	1160kJ (277Cal)	877kJ (210Cal)	1190kJ (284Cal)
Protein	9.3g	12.2g	10.5g	11.6g	9.5g	12.9g
Fat, Total	10.0g	13.1g	10.7g	11.9g	10.0g	13.6g
- Saturated	4.2g	5.5g	4.3g	4.8g	4.6g	6.3g
- Trans	0.2g	0.3g	0.2g	0.3g	0.3g	0.4g
Carbohydrate	20.5g	26.9g	27.2g	30.1g	20.0g	27.1g
- Sugars	3.6g	4.7g	3.8g	4.2g	3.5g	4.7g
Sodium	592mg	777mg	651mg	721mg	613mg	830mg

\* 8 SERVINGS PER PIZZA

CLASSIC CRUST

DEEP PAN

THIN N CRISPY

<b>CAPRICIOSA</b>	<b>Average Quantity per Serving 69g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 83g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 66g</b>	<b>Average Quantity per 100g</b>
Energy	663kJ (158Cal)	968kJ (231Cal)	826kJ (197Cal)	1000kJ (239Cal)	659kJ (157Cal)	995kJ (238Cal)
Protein	7.5g	10.9g	8.7g	10.5g	7.7g	11.6g
Fat, Total	6.4g	9.4g	7.1g	8.6g	6.5g	9.7g
- Saturated	2.2g	3.2g	2.3g	2.8g	2.6g	4.0g
- Trans	0.2g	0.2g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	17.0g	24.8g	23.6g	28.6g	16.5g	24.9g
- Sugars	0.9g	1.4g	1.1g	1.3g	0.8g	1.3g
Sodium	382mg	558mg	441mg	534mg	404mg	610mg
<b>THE GODFATHER</b>	<b>Average Quantity per Serving 71g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 85g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 68g</b>	<b>Average Quantity per 100g</b>
Energy	712kJ (170Cal)	1010kJ (240Cal)	875kJ (209Cal)	1030kJ (246Cal)	707kJ (169Cal)	1030kJ (247Cal)
Protein	6.9g	9.8g	8.1g	9.6g	7.1g	10.4g
Fat, Total	7.5g	10.5g	8.2g	9.6g	7.5g	11.0g
- Saturated	2.4g	3.4g	2.5g	3.0g	2.8g	4.2g
- Trans	0.2g	0.2g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	18.0g	25.5g	24.7g	29.1g	17.5g	25.6g
- Sugars	1.6g	2.3g	1.8g	2.1g	1.6g	2.3g
Sodium	392mg	554mg	451mg	531mg	413mg	604mg
<b>AUSSIE BACON RASHER</b>	<b>Average Quantity per Serving 76g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 90g</b>	<b>Average Quantity per 100g</b>	<b>Average Quantity per Serving 57g</b>	<b>Average Quantity per 100g</b>
Energy	725kJ (173Cal)	960kJ (229Cal)	888kJ (212Cal)	990kJ (237Cal)	593kJ (142Cal)	1040kJ (249Cal)
Protein	7.8g	10.3g	9.0g	10.0g	6.2g	10.9g
Fat, Total	7.1g	9.3g	7.8g	8.7g	7.5g	13.1g
- Saturated	3.1g	4.2g	3.3g	3.6g	3.5g	6.1g
- Trans	0.1g	0.2g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	18.9g	25.0g	25.5g	28.5g	12.3g	21.6g
- Sugars	2.9g	3.9g	3.1g	3.5g	2.7g	4.8g
Sodium	429mg	568mg	488mg	544mg	341mg	599mg

**\* 8 SERVINGS PER PIZZA**