

NUTRITIONAL INFORMATION- VALUE RANGE – JAN 2010

CLASSIC CRUST

DEEP PAN

THIN N CRISPY

SIMPLY CHEESE	Average Quantity per Serving 61g	Average Quantity per 100g	Average Quantity per Serving 75g	Average Quantity per 100g	Average Quantity per Serving 56g	Average Quantity per 100g
Energy	691kJ (165Cal)	1140kJ (272Cal)	854kJ (204Cal)	1140kJ (272Cal)	655kJ (156Cal)	1160kJ (278Cal)
Protein	8.6g	14.2g	9.8g	13.1g	8.2g	14.6g
Fat, Total	6.8g	11.2g	7.5g	10.1g	6.3g	11.2g
- Saturated	3.5g	5.8g	3.7g	4.9g	3.6g	6.4g
- Trans	0.3g	0.4g	0.3g	0.4g	0.3g	0.5g
Carbohydrate	16.5g	27.1g	23.1g	30.8g	15.9g	28.2g
- Sugars	0.8g	1.4g	1.0g	1.3g	0.8g	1.3g
Sodium	341mg	560mg	400mg	533mg	345mg	612mg
MARGARITA	Average Quantity per Serving 64g	Average Quantity per 100g	Average Quantity per Serving 78g	Average Quantity per 100g	Average Quantity per Serving 62g	Average Quantity per 100g
Energy	555kJ (133Cal)	866kJ (207Cal)	718kJ (172Cal)	918kJ (219Cal)	551kJ (132Cal)	891kJ (213Cal)
Protein	6.1g	9.5g	7.3g	9.3g	6.3g	10.2g
Fat, Total	4.2g	6.6g	4.9g	6.3g	4.3g	6.9g
- Saturated	2.0g	3.1g	2.1g	2.7g	2.4g	3.8g
- Trans	0.1g	0.2g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	16.7g	26.0g	23.3g	29.8g	16.2g	26.1g
- Sugars	1.1g	1.8g	1.3g	1.6g	1.0g	1.7g
Sodium	263mg	411mg	322mg	412mg	285mg	461mg
TONI PEPPERONI	Average Quantity per Serving 58g	Average Quantity per 100g	Average Quantity per Serving 73g	Average Quantity per 100g	Average Quantity per Serving 56g	Average Quantity per 100g
Energy	717kJ (171Cal)	1230kJ (293Cal)	880kJ (210Cal)	1210kJ (290Cal)	712kJ (170Cal)	1270kJ (303Cal)
Protein	7.7g	13.2g	8.9g	12.3g	7.9g	14.1g
Fat, Total	8.0g	13.6g	8.7g	12.0g	8.0g	14.3g
- Saturated	4.0g	6.8g	4.1g	5.6g	4.4g	7.8g
- Trans	0.1g	0.3g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	16.5g	28.3g	23.1g	31.9g	16.0g	28.5g
- Sugars	0.8g	1.5g	1.0g	1.4g	0.8g	1.3g
Sodium	390mg	668mg	449mg	619mg	412mg	734mg
BEEF & ONION	Average Quantity per Serving 68g	Average Quantity per 100g	Average Quantity per Serving 83g	Average Quantity per 100g	Average Quantity per Serving 64g	Average Quantity per 100g
Energy	713kJ (170Cal)	1040kJ (249Cal)	876kJ (209Cal)	1060kJ (254Cal)	677kJ (162Cal)	1060kJ (253Cal)
Protein	7.4g	10.9g	8.6g	10.5g	7.1g	11.0g
Fat, Total	6.5g	9.5g	7.2g	8.8g	6.0g	9.3g
- Saturated	3.1g	4.5g	3.2g	3.9g	3.1g	4.9g
- Trans	0.3g	0.4g	0.3g	0.3g	0.3g	0.4g
Carbohydrate	20.2g	29.5g	26.8g	32.5g	19.6g	30.7g
- Sugars	3.0g	4.4g	3.1g	3.8g	2.9g	4.5g
Sodium	377mg	551mg	436mg	528mg	382mg	596mg
HAWAIIAN	Average Quantity per Serving 67g	Average Quantity per 100g	Average Quantity per Serving 81g	Average Quantity per 100g	Average Quantity per Serving 65g	Average Quantity per 100g
Energy	638kJ (152Cal)	947kJ (226Cal)	801kJ (191Cal)	983kJ (235Cal)	634kJ (151Cal)	974kJ (233Cal)
Protein	7.1g	10.5g	8.3g	10.1g	7.3g	11.2g
Fat, Total	5.4g	8.0g	6.1g	7.5g	5.5g	8.4g
- Saturated	2.5g	3.7g	2.6g	3.2g	2.9g	4.5g
- Trans	0.2g	0.2g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	18.2g	27.0g	24.9g	30.5g	17.7g	27.2g
- Sugars	2.3g	3.4g	2.5g	3.0g	2.2g	3.4g
Sodium	361mg	536mg	420mg	515mg	382mg	588mg

* 8 SERVINGS PER PIZZA

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TRIO OF VEGE	Average Quantity per Serving 61g	Average Quantity per 100g	Average Quantity per Serving 78g	Average Quantity per 100g	Average Quantity per Serving 62g	Average Quantity per 100g
Energy	556kJ (133Cal)	913kJ (218Cal)	721kJ (172Cal)	921kJ (220Cal)	554kJ (132Cal)	895kJ (214Cal)
Protein	6.2g	10.2g	7.5g	9.5g	6.5g	10.4g
Fat, Total	4.2g	7.0g	5.0g	6.3g	4.3g	6.9g
- Saturated	2.0g	3.2g	2.1g	2.7g	2.4g	3.9g
- Trans	0.2g	0.2g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	16.5g	27.2g	23.3g	29.7g	16.1g	26.0g
- Sugars	0.9g	1.6g	1.2g	1.5g	0.9g	1.5g
Sodium	264mg	433mg	323mg	412mg	286mg	461mg
HAM & CHEESE	Average Quantity per Serving 61g	Average Quantity per 100g	Average Quantity per Serving 75g	Average Quantity per 100g	Average Quantity per Serving 59g	Average Quantity per 100g
Energy	644kJ (154Cal)	1060kJ (253Cal)	807kJ (193Cal)	1080kJ (257Cal)	640kJ (153Cal)	1090kJ (261Cal)
Protein	7.4g	12.2g	8.6g	11.5g	7.6g	13.1g
Fat, Total	5.8g	9.6g	6.6g	8.8g	5.9g	10.1g
- Saturated	2.6g	4.3g	2.7g	3.7g	3.0g	5.2g
- Trans	0.2g	0.3g	0.2g	0.2g	0.2g	0.3g
Carbohydrate	16.8g	27.6g	23.4g	31.3g	16.2g	27.8g
- Sugars	1.0g	1.6g	1.2g	1.5g	0.9g	1.6g
Sodium	409mg	672mg	468mg	624mg	430mg	735mg

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