

Nutritional Information Australian Sides Range

BREADS & CHIPS	Serving Size	Energy	Protein	Fat - Total	Fat - Sat	Carbohydrate	Sugars	Sodium
Garlic Bread	170g	2227kJ (530Cal)	12.1g	21.4g	9.4g	70.4g	8.0g	690mg
Cheesy Garlic Bread	226g	2750kJ (665Cal)	23g	30g	14.7g	71.3g	8.8g	1120mg
Chunky Cut Chips	303g	2470kJ (590Cal)	7.6g	28.5g	7.5g	75.3g	0.7g	1880mg
CHICKEN & PRAWN	Serving Size	Energy	Protein	Fat - Total	Fat - Sat	Carbohydrate	Sugars	Sodium
Buttermilk Kickers	27g (5 or 10 per Pack)	209kJ (50Cal)	5.4g	2.6g	0.8g	0.7g	less than 0.1g	102mg
Chipotle Kickers	27g (5 or 10 per Pack)	251kJ (60Cal)	4.2g	2.2g	0.2g	3.6g	0.3g	231mg
Chicken Meatballs	180g (15 per pack)	2020kJ (483Cal)	31.5g	33.7g	11g	14.2g	3.4g	1060mg
Chicken Meatballs & Hickory Sauce	210g (15 per pack)	2210kJ (528Cal)	31.9g	33.7g	11.0g	24.9g	12.3g	1300mg
Chicken Meatballs & Ranch Sauce	210g (15 per pack)	2490kJ (596Cal)	32.1g	44.5g	11.8g	17.7g	6.1g	1300mg
Fried Chicken Pieces	40g (4 per Pack)	329kJ (79Cal)	6.7g	4.3g	.5g	3.1g	.2g	191mg
Fried Chicken Pieces with D'Bomb Sauce	45g (4 per Pack)	373Kj (89Cal)	6.7g	5.4g	.6g	3.3g	.2g	216mg
Fried Chicken Pieces with Damn Fine Jalapeno Lime Sauce	45g (4 Per Pack)	357Kj (85Cal)	6.7g	4.9g	.5g	3.2g	.2g	222mg
Fried Chicken Pieces with Blazin' BBQ Sauce	45g (4 Per Pack)	346Kj (83Cal)	6.7g	4.3g	.5g	4.2g	.7g	300mg
Oven Roasted Wings	40g (5 or 10 per Pack)	366kJ (87Cal)	7.4g	6.2g	1.8g	0.6g	0.4g	143mg
Oven Roasted Wings with Ranch Sauce	40g (5 or 10 per Pack)	400kJ (95.6Cal)	7.05g	7.05g	1.24g	2.17g	.93g	225g

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Korean Sticky Wings	47g (5 or 10 per Pack)	446kJ (106Cal)	7.6g	6.5g	1.8g	3.4g	2.7g	249mg
Spicy Chicken Kicker Bites	7g (20 or 40 per Pack)	58kJ (14Cal)	1.1g	0.6g	less than 0.1g	0.9g	less than 0.1g	34mg
Spicy Battered Prawns	11g (9 per pack)	138 kJ (33 Cal)	1.1g	1.7g	0.3g	2.6g	0.1g	96mg
DIPPING SAUCES	Serving Size	Energy	Protein	Fat - Total	Fat - Sat	Carbohydrate	Sugars	Sodium
Ranch	20g	314kJ (75Cal)	0.4g	7.2g	0.5g	2.3g	1.8g	160mg
Creamy Aioli	20g	334kJ (80Cal)	0.3g	8.3g	.8g	1g	.4g	144mg
Chocolate	25g	367kJ (87Cal)	0.7g	3.9g	1.0g	11g	9.2g	35mg
Tomato	20g	101 kJ (24 Cal)	0.2g	0.02g	2.8g	5.6g	5.0g	177mg
DESSERTS	Serving Size	Energy	Protein	Fat - Total	Fat - Sat	Carbohydrate	Sugars	Sodium
Chocolate Lava Cake	90g	1710kJ (409Cal)	3.9g	24.5g	10.6g	42.8g	24.1g	120mg
Chocolate Brownies	105g	1930kJ (460Cal)	6.6g	34.1g	21.5g	62.4g	53.4g	118mg
Churros (4pk)	150g	2140kJ (511Cal)	6.7g	27.9g	13g	70g	16g	554mg
Churros (12pk)	395g	5590kJ (1340Cal)	1879g	75.9g	37g	183g	24.8g	1590mg
Mini Dutch Pancakes (12pk)	111g	2300kJ (551Cal)	6.8g	39.7g	9.1g	41.8g	21.4g	428mg
Salted Caramel Chocolate Mousse	100g	1600kJ (391Cal)	2.9g	25.4g	18.0g	33.8g	32.5g	270mg

Nutrition values are based in average figures and on standard product formulation.

Actual serving size and nutrient values may vary. Ingredients are subject to seasonal variation. Nutrition values and serve size do not apply to special customer orders. This information is correct as from March 2019.